## 7 Day Executive Program



## Sample Schedule

| Day | Time of Appointment                                      | Appointment /<br>Activity                  |         | Further Information   |
|-----|--|--|---------|---|
| 1   | 07:00 am<br>09:00 am<br>11:00 am<br>02:00 pm<br>05:30 pm | Activity Consultation Coaching TC Activity | Juicing | TC = Treatment Combination; to be confirmed after the initial consultation.  Activity: personalized; to be decided during initial consultation. |
| 2   | 07:00 am<br>11:00 am<br>04:00 pm<br>06:00 pm             | Activity Theta Healing TC Activity         | Juicing | CC = Cooking Class  |
| 3   | 07:00 am<br>10:15 am<br>02:00 pm<br>05:00 pm<br>Bed time | Activity TC Marma Activity Liver flush     | Juicing |   |
| 4   | 07:00 am<br>10:15 am<br>02:00 pm<br>05:00 pm             | Activity TC Coaching Activity              |         |   |
| 5   | 07:00 am<br>10:15 am<br>02:00 pm<br>05:00 pm             | Activity TC Theta Healing Activity         |         |   |
| 6   | 07:00 am<br>08:00 am<br>11:00 am<br>05:00 pm             | Activity TC Coaching Activity              |         |   |
| 7   | 07:00 am<br>09:00 am<br>11:00 am<br>02:00 pm             | Activity TC CC Follow-up Consultation      |         |   |

Post-program medications and other services that are not included in your Program price will be billed separately.